

The Ocean and the Waves: A Meta Theory of Psycho/Spirituel Developmental Stages

This workshop is combined of theoretical and experiential parts. In this workshop a meta theory (an integration by İnci Doğaner in which eight stages (E. Erikson) eight stages of cosmic beings (Z. T. Moreno), role development theory (J. L. Moreno), the seven 7 stages of nefs (maybe translated as the spirit) in sufism integrated with Assogioli's egg model (R.Frager, L. Wilcox), the 7 chakra model and meta theory of the waves of consciousness (K. Wilber) is included, It will be discussed by demonstrations. This is an developmental theory. And the participants will gain a rich perspective of how many theories and knowledge from east and west are pointing to the many faces of the same reality, the human spirit.

There will also an experiential part in which the participants will have a change to look over their own psychological developmental history; will have experiences of oneness and wholeness through group plays (drama) and dance.

Bibliography

Frager, R. and Wilcox, L referred by Algur, S (2010) Psikodrama ve Tasavvuf Felsefesi, in Psikodramada Cagdas Yaklasimlar. Deniz Altınay (Ed and author), Sistem Yayıncılık, İstanbul.

Özbek A, Leutz G (2003) Psikodrama: Grup Psikoterapisinde Sahnesel Etkileşim. Prepared for publishment by Ülgen H. Okyayuz. . Abdülkadir Özbek Psikodrama Enstitüsü Publication No 1, 2nd edition, Ankara,

Moreno, Z.T. (1980) Eight Stages of Cosmic Beings in The Quintessential Zerka (Toni Horvatin and Edward Schreiber (Eds).

Wilber, K. (2000) Sex, Ecology and Sprituality. Shambala, Boston, London and internet pages by Wilber's schemas.

İnci Doğaner C.V.

She is an Ass. Prof. of psychiatry; supervisor, trainer and practitioner in psychodrama; practitioner in family and couples therapy. Started training in 1987 with Abdülkadir Özbek. Some of her past roles are: coordinator of Izmir branch of Institute, president of the Institute, congress president and organizing member many times, FEPTO council member, FEPTO AM and PC/ Turkey coordinator. Some of her present roles are: Institute's training com. chair, president of Izmir Psychodrama Ass. FEPTO representative of the Institute. She also has a private practice as a psychiatrist and psychoterapist. She is the advisor in this congress.